

LUNCH
Elementary



FEBRUARY 2019

"Fresh food = fresh life".—Winning Slogan by Jon Simmons, grade 3
From The Laboratory Charter School- Woodbine

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday

Tuesday

Wednesday

Thursday

Friday

~~269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds~~ **4**
OR
234 Chicken Tenders with Potato Wedges
603 Maple Baked Beans
752 Fruit Punch Juice
929 Cinnamon Elf Grahams

273 Rotini Bake **5**
OR
~~292 Penne Pasta with Meat Sauce~~
670 Fresh Fruit
908 Dinner Roll **OR**
901 Honey Biscuit

255 Cheese Stuffed Breadsticks **6**
622 Marinara Sauce
631 Cherry Star Vegetable Juice
608 Dole Tropical Fruit Cup

207 Rib-B-Que **7**
OR
~~325 BBQ Chicken Fillet~~
623 Broccoli
631 Cherry Star Vegetable Juice
749 Apple-Cherry Juice
914 Hamburger Bun

~~219 Turkey Pepperoni Pinwheel~~ **8**
OR
226 Philly Cheesesteak Pinwheel
704 French Fries
684 Mixed Berry Applesauce
990 Chocolate Chip Cookie

~~278 Chicken Jambalaya~~ **11**
OR
233 Popcorn Chicken with Sweet & Sour Broccoli
639 Corn
670 Fresh Fruit
904 Wheat Bread (2 slices)

251 Chicken Nuggets **12**
OR
~~201 Cheeseburger & 914 Hamburger Bun~~
603 Maple Baked Beans
632 Wango Mango Vegetable Juice
670 Fresh Fruit

263 5" Round Cheese Pizza **13**
OR
264 4"x 6" Cheese Pizza
611 Bagged Baby Carrots
684 Mixed Berry Applesauce
993 Heart Cookie
to day

215 Beef & Cheese Taco **14**
OR
~~258 Cheeseburger Macaroni~~
706 Romaine Salad with Cherry Tomatoes
686 "Sweet Heart" Water Ice

273 Rotini Bake **15**
OR
~~974 Curly Cheesy Lasagna~~
749 Apple-Cherry Juice
901 Honey Biscuit **OR**
903 Maple Biscuit

~~288 Hot Dog with French Fries~~ **18**
OR
294 Meatballs with Tomato Sauce
631 Cherry Star Vegetable Juice
684 Mixed Berry Applesauce
907 Hot Dog Bun
No School President's day

277 Arroz Con Pollo **19**
OR
~~874 Curly Cheesy Lasagna~~
695 Strawberry-Mango Sidekick
908 Dinner Roll **OR**
903 Maple Biscuit

200 Hamburger **20**
OR
201 Cheeseburger
603 Maple Baked Beans
632 Wango Mango Vegetable Juice
670 Fresh Fruit
914 Hamburger Bun

272 Four Cheese Panini **21**
OR
~~268 Ranchero Beef Pizza~~
706 Romaine Salad with Cherry Tomatoes
749 Apple-Cherry Juice

~~975 BBQ Chicken Fillet~~ **22**
OR
207 Rib-B-Que
611 Bagged Baby Carrots **OR**
541 Chocolate Hummus
546 Cheesy Pizza Hummus
670 Fresh Fruit
914 Hamburger Bun

255 Cheese Stuffed Breadsticks **25**
622 Marinara Sauce
631 Cherry Star Vegetable Juice
608 Dole Tropical Fruit Cup
932 Cinnamon Scooby Snacks

~~278 Chicken Jambalaya & 929 Cinnamon Elf Grahams~~ **26**
OR
204 Chicken Parmesan & 914 Hamburger Bun **OR**
910 Ciabatta Bread
623 Broccoli
670 Fresh Fruit

252 Cheeseburger Macaroni **27**
OR
~~247 Teriyaki Chicken with Brown Rice~~
603 Maple Baked Beans
635 Calypso Crush Vegetable Juice
670 Fresh Fruit
908 Dinner Roll **OR**
901 Honey Biscuit
to day

~~215 Beef & Cheese Taco~~ **28**
OR
218 Mozzarella Pinwheel
611 Bagged Baby Carrots
540 Garlic Hummus **OR**
545 Cranberry Orange Hummus
670 Fresh Fruit

251 Chicken Nuggets **1**
OR
205 Popcorn Chicken
704 French Fries
749 Apple-Cherry Juice
990 Chocolate Chip Cookie

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.