Elementary School Hot Lunch Menu

November 2026

"Eating fruits and vegetables makes you BIG and STRONG!"- Emily N. 7th Grade
@ Holy Innocents School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
2 **289** Cheesy Brown Rice w/ Broccoli V OR **286** Penne w. Meatsauce & Cheese Veggies **633** Sunset Sip Veggie Juice **641** Tropical Raisels **909** Dinner Roll	**3** **203** Mini Pepperoni Calzone OR **208** Mini Corn Dogs  **623** Tater Tots **611** Bagged Baby Carrots **752** Fruit Punch Juice	**4** **215** Taco Stick OR **253** Three Cheese V Quesadilla OR **232** Buffalo Chicken on Brioche Bun **620** Salsa **140** Fiesta Bean Dip **697** Bagged Apple Slices **941** Tostitos Scoops	**5** **204** Chicken Nuggets OR **210** Vegetarian Nuggets V OR **207** Cheese Ravioli V **708** Spinach Salad w. Chickpeas **688** Orange Mango Applesauce **933** Cinnamon Giant Goldfish	**6** **263** 5" Round Cheese Pizza V OR **256** Cheese Stuffed Breadsticks V **622** Marinara Sauce **631** Cherry Star Veggie Juice **670** Fresh Fruit OR **682** Bananas
9 **206** French Toast w/ Sausage OR **205** Popcorn Chicken & 939 Heartzel Pretzels **702** Potato Smiles **749** Apple Cherry Juice	**10** **249** Chicken Waffle Sandwich OR **254** BBQ Rib Sandwich OR **229** Turkey Ham & Cheese Croissant **611** Bagged Baby Carrots **546** Cheesy Pizza Hummus **670** Fresh Fruit	**11** ~~No School~~ **209** Taco Meat OR **222** ~~Sloppy Joe~~ & 915 Hamburger Buns OR **232** ~~Buffalo Chicken on Brioche~~ **620** Salsa Cup **140** Fiesta Bean Dip **641** Tropical Raisels **941** Tostitos Scoops	**12** **226** Philly Steak & Cheese Pinwheel OR **268** French Bread Pizza V OR **404** Italian Combo Wrap **628** Broccoli **630** Dragon Punch Veggie Juice **659** Watermelon Craisins	**13** **225** Ciabatta Cheese Melt V OR **257** Mozzarella Sticks V  **622** Marinara Sauce **632** Wango Mango Veggie Juice **670** Fresh Fruit
16 **263** 5" Round Cheese Pizza V OR **268** French Bread Cheese Pizza V **630** Dragon Punch Veggie Juice **670** Fresh Fruit	**17** **212** Taco Triangles OR **208** Mini Corn Dogs **623** Tater Tots **620** Salsa Cup **658** Cherry Craisins **941** Tostitos Scoops	**18** **225** Ciabatta Cheese Melt V OR **221** Two Cheese Chicken Quesadilla OR **234** Turkey Ham & Two Cheese On Roll **611** Bagged Baby Carrots **543** Red Pepper Hummus **670** Fresh Fruit National Sandwich Day 	**19** **254** BBQ Rib Sandwich OR **201** Cheeseburger OR **237** Italian Sandwich **708** Spinach Salad w. Chickpeas **686** Rosati " Hello Summer" Ice	**20** **257** Mozzarella Sticks V OR **256** Cheese Stuffed Breadsticks V **622** Marinara Sauce **634** Ruby Rusher Veggie Juice **670** Fresh Fruit OR **682** Bananas
23 **204** Chicken Nuggets OR **210** Vegetarian Nuggets V OR **203** Mini Pepperoni Calzone **611** Bagged Baby Carrots **543** Red Pepper Hummus **659** Watermelon Craisins **993** Holiday Crackers	**24** **215** Beef Taco Stick OR **253** Three Cheese Quesadilla V OR **404** Italian Combo Wrap **620** Salsa Cup **631** Sunset Sip Veggie Juice **670** Fresh Fruit **941** Tostitos Scoops	Half Day 25 **205** Popcorn Chicken OR **206** French Toast w. Sausage **623** Tater Tots **630** Dragon Punch Veggie Juice **641** Tropical Raisels **929** Vanilla Giant Goldfish	**26 & 27** 	

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Catholic Charities of Philadelphia | NUTRITIONAL DEVELOPMENT SERVICES
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215-895-3470 option 1