

Elementary School Hot Lunch Menu

October 2025

"Arrgh, Matey!" A healthy plate is a treasure." - Emily G. 2nd Grade @ St. Laurentius

Menu is subject to change, and a variety of low fat OR skim milk is offered daily. condiments offered daily. fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
29 284 Chicken Alfredo, Penne and Broccoli OR 273 Swedish Meatballs, Noodles and Broccoli 634 Ruby Rusher Veggie Juice 752 Fruit Punch Juice 909 Dinner Rolls	30 280 Beef Burger w/ Green Beans & 915 Hamburger Buns OR 286 Penne w/ Meat Sauce & Italian Veggies & 909 Dinner Rolls 631 Cherry Star Veggie Juice 670 Fresh Fruit	1 205 Popcorn Chicken OR 207 Cheese Ravioli V 611 Bagged Baby Carrots 543 Red Pepper Hummus 659 Watermelon Craisins 928 Pretzel Goldfish	2 269 Cheese Pizza Calzone & 622 Marinara Cup OR 264 4x6 Cheese Pizza V 708 Spinach Salad w. Chickpeas 648 Strawberry Gel Cup 	3 204 Chicken Nuggets & 932 Cinnamon Scooby Snacks OR 222 Sloppy Joes & 915 Wheat Hamburger Buns 623 Tater Tots 630 Dragon Punch Veggie Juice 670 Fresh Fruit
6 212 Taco Triangles OR 256 Cheese Stuffed Breadsticks V 622 Marinara Sauce 630 Dragon Punch Veggie Juice 684 Strawberry Banana Applesauce	7 208 Mini Corn Dogs OR 203 Mini Pepperoni Calzone 611 Bagged Baby Carrots 541 Chocolate Hummus 749 Apple Cherry Juice	8 215 Beef & Cheese Taco Stick OR 221 Two Cheese, Chicken Quesadilla 620 Salsa 631 Cherry Star Veggie Juice 670 Fresh Fruit	9 226 Philly Steak & Cheese Pinwheel OR 268 French Bread Cheese Pizza V 706 Spinach Salad w. Tomatoes 657 Strawberry Craisins	10 225 Ciabatta Cheese Melt Sandwich V OR 220 Hot Dog & 906 Hot Dog Buns 623 Tater Tots 546 Cheesy Pizza Hummus 752 Fruit Punch Juice 928 Pretzel Goldfish
13 204 Chicken Nuggets & 928 Pretzel Goldfish OR 206 French Toast w/ Turkey Sausage 623 Tater Tots 634 Ruby Rusher Veggie Juice 752 Fruit Punch Juice 	14 225 Ciabatta Cheese Melt Sandwich V OR 215 Beef & Cheese Taco Stick 620 Salsa 631 Cherry Star Veggie Juice 658 Cherry Craisins 941 Tostitos Scoops	15 256 Cheese Stuffed Breadsticks V OR 257 Mozzarella Sticks V 622 Marinara Sauce 630 Dragon Punch Veggie Juice 654 Raspberry Lemonade Craisins	16 220 Hot Dog & 906 Hot Dog Buns OR 200 Hamburger 611 Bagged Baby Carrots 541 Chocolate Hummus 670 Fresh Fruit OR 682 Bananas 	17 263 5" Round Cheese Pizza V OR 268 French Bread Cheese Pizza V 708 Spinach Salad w. Chickpeas 670 Fresh Fruit
20 284 Chicken Alfredo, Penne and Broccoli OR 286 Penne w/ Meat Sauce & Italian Veggies 630 Dragon Punch Veggie Juice 608 Tropical Fruit Cup	21 208 Mini Corn Dogs OR 212 Taco Triangles 611 Bagged Baby Carrots 543 Red Pepper Hummus 752 Fruit Punch Juice	22 226 Philly Steak & Cheese Pinwheel OR 205 Popcorn Chicken 623 Tater Tots 631 Cherry Star Veggie Juice 670 Fresh Fruit	23 264 4x6 Cheese Pizza V OR 221 Two Cheese Chicken Quesadilla 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas	24 203 Mini Pepperoni Calzone & 632 Wango Mango Veggie Juice OR 283 Chicken Tenders & Corn 546 Cheesy Pizza Hummus 685 Rosati "School S'cool" Ice 928 Pretzel Goldfish
27 209 Taco Meat & 941 Tostitos Scoops OR 222 Sloppy Joes & 915 Hamburger Buns 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 750 Apple Juice	28 269 Cheese Pizza Calzone V OR 219 Turkey Pepperoni Pinwheel 702 Potato Smiles 670 Fresh Fruit	29 216 Spicy Taco Stick OR 207 Cheese Ravioli V & 630 Dragon Punch Veggie Juice & 909 Dinner Rolls 621 Celery Sticks 670 Fresh Fruit	30 204 Chicken Nuggets OR 201 Cheeseburger 708 Spinach Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas	31 256 Cheese Stuffed Breadsticks V OR 268 French Bread Cheese Pizza V 631 Cherry Star Veggie Juice 622 Marinara Sauce 686 Rosati "Hero" Ice 993 Holiday Cookie 

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services
Archdiocese of Philadelphia
222 N 17th St. Philadelphia, PA 19103
215-895-3470, option 1

